

# Aug/Sept 2010

Menu subject to change  
without notice

Milk served with all lunches

## Washington Elementary School Hot Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Aug 30</b> Spaghetti & Meat Sauce Green Beans Wheat Bread Fruit Cocktail, Milk	<b>Aug 31</b> French Bread Pizza Tossed Salad Peaches, Milk	<b>Sept 1</b> Cheeseburger on Roll Oven Fries Veggie Sticks Apple Sauce, Milk	<b>2</b> Hot Chicken Sandwich w/Gravy, Mashed Potato Green Beans Apple Crisp, Milk	<b>3</b> Ham & Cheese Sandwich Chicken & Rice Soup Veggie Sticks Yogurt w/Fruit, Milk	<b>4</b> <b>USDA Conducted Programs (AS-475A):</b> The U.S. Department of Agriculture (USDA) prohibits
<b>5</b>	<b>6</b> <b>No School Labor Day</b>	<b>7</b> Chicken Nuggets Mashed Potato Corn, Roll Blueberry Squares, Milk	<b>8</b> Rotini & Meat Sauce Green Beans Wheat Bread Fruit Cocktail, Milk	<b>9</b> Macaroni & Cheese Veggie Sticks Corn Bread Apple Sauce, Milk	<b>10</b> Mozzarella Sticks Tossed Salad Wheat Bread Peaches, Milk	<b>11</b> discrimination in all its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation,
<b>12</b>	<b>13</b> Taco Salad Rice Pilaf Peaches, Milk	<b>14</b> Hot Turkey Sandwich w/Gravy, Peas Mashed Potato Apple Crisp, Milk	<b>15</b> Hot Dog on Roll Oven Fries Baked Beans Pears, Milk	<b>16</b> American Chop Suey Green Beans Wheat Bread Fruit Cocktail, Milk	<b>17</b> Grilled Cheese Sandwich Chicken & Rice Soup Veggie Sticks Apple Sauce, Milk	<b>18</b> or marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alter-
<b>19</b>	<b>20</b> Chicken Nuggets Mashed Potato Corn, Roll Blueberry Squares, Milk	<b>21</b> French Bread Pizza Tossed Salad Peaches, Milk	<b>22 <u>Late Start 10:45</u></b> Spaghetti & Meatballs Green beans Wheat Bread Fruit Cocktail, Milk	<b>23</b> Hot Chicken Sandwich w/Gravy, Peas Mashed Potato Peaches, Milk	<b>24</b> Tuna Roll Tomato Soup Veggie Sticks Pears	<b>25</b> native means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET CENTER at 202-720-
<b>26</b>	<b>27</b> Taco Salad Rice Pilaf Peaches, Milk	<b>28</b> Rotini & Meat Sauce Green Beans Wheat Bread Pears, Milk	<b>29</b> Hot Turkey Sandwich w/Gravy, Carrots Mashed Potato Fruit Cocktail, Milk	<b>30</b> French Toast Sticks Ham or Sausage Hash Browns Pears, Milk	<b>Oct 1</b> Ham & Cheese Sandwich Chicken & Rice Soup Veggie Sticks Yogurt w/Fruit, Milk	2600 (voice and TDD).  To file a complaint of discrimination, write USDA Director, Office of Civil Rights,  Room 326. W. Whitten Building. 1400 Independence Ave. SW Washington D.C.